

You are Enough! Scripture Promises

Life's Basic Needs We Get From Our Father in Heaven

You Are Loved ~~ Jeremiah 31:3 The Amplified Bible, AMP

The Lord appeared from of old to me [Israel], saying, Yes, I have loved you with an everlasting love; therefore with loving-kindness have I drawn you and continued My faithfulness to you.

You Are Cared For ~~ Ephesians 3:17-19 The Passion Translation, TPT

Then, by constantly using your faith, the life of Christ will be released deep inside you, and the resting place of his love will become the very source and root of your life. Then you will be empowered to discover what every holy one experiences – the great magnitude of the astonishing love of Christ in all its dimensions. How deeply intimate and far-reaching is his love! How enduring and inclusive it is! Endless love beyond measurement that transcends our understanding – this extravagant love pours into you until you are filled to overflowing with the fullness of God! Never doubt God's mighty power to work in you and accomplish all this. He will achieve infinitely more than your greatest requests, your most unbelievable dream, and exceed your wildest imagination! He will outdo them all, for his miraculous power constantly energized you.

You Are Protected ~~ Psalm 121:3 The Passion Translation, TPT

He will guard and guide me, never letting me stumble or fall. God is my keeper; he will never forget nor ignore me.

You Are Chosen ~~ John 15:16 The Passion Translation, TPT

You didn't choose me, but I've chosen and commissioned you to go into the world to bear fruit. And your fruit will last, because whatever you ask of my Father, for my sake, he will give it to you! So this is my parting command: Love one another deeply!

You Are His ~~ Isaiah 43:1 The Passion Translation, TPT

Now, this is what Yahweh says: "Listen, Jacob, to the One who created you, Israel, to the one who shaped who you are. Do not fear, for I, your Kinsman-Redeemer, will rescue you. I have called you by name and you are mine.

You Have the Perfect Family ~~ Ephesians 2:19 The Passion Translation, TPT

So, you are not foreigners or guests, but rather you are the children of the city of the holy ones, with all the rights as family members of the household of God.

Next understanding what our Father thinks of us is important.

What Your Heavenly Father Thinks of You

You Are Unique ~~ Psalm 139:13 The Passion Translation, TPT

You formed my innermost being, shaping my delicate inside and my intricate outside, and wove them all together in my mother's womb.

You Are Beautiful ~~ Psalm 45:11 The Passion Translation, TPT

For your royal Bridegroom is ravished by your beautiful brightness. Bow in reverence before him, for he is your Lord!

You Are Special ~~ Ephesians 2:10 The Passion Translation, TPT

We have become his poetry, a re-created people that will fulfill the destiny he has given each of us, for we are joined to Jesus, the Anointed One. Even before we were born, God planned in advance our destiny and the good works we would do to fulfill it!

You Are Lovely ~~ Song of Solomon The Passion Translation, TPT

Every part of you is so beautiful, my darling. Perfect is your beauty, without flaw within.

You Are Precious ~~ 1 Corinthians 6:20 The Passion Translation, TPT

You were God's expensive purchase, paid for with tears of blood, so by all means, then, use your body to bring glory to God.

You Are Important ~~ 1 Peter 2:9 The Passion Translation, TPT

But you are God's chosen treasure – priests who are kings, a spiritual “nation” set apart as God's devoted ones. He called you out of darkness to experience his marvelous lights, and now he claims you as his very own. He did this so that you would broadcast his glorious wonders throughout the world.

Settling your heart can be helped by knowing what your Father has for you.

What the Heavenly Father Has for You

You Were Created for a Purpose ~~ Jeremiah 29:11 The Amplified Bible, AMP

For I know the thoughts and plans that I have for you, says the Lord, thoughts and plans for welfare and peace and not for evil, to give you hope in your final outcome.

You Are Strong ~~ Psalm 18:35 The Passion Translation, TPT

You empower me for victory with your wrap around presence. Your power within makes me strong to subdue, and by stooping down in gentleness you strengthened me and made me great!

You Are Forgiveness ~~ Psalm 103:12 New Living Translation, NLT

He has removed our sins as far from us as the east is from the west.

You Are Empowered ~~ Philippians 4:13 The Passion Translation, TPT

And I find that the strength of Christ's explosive power infuses me to conquer every difficulty.

Bottom Line

You Are a New Creation ~~ 2 Corinthians 5:17 The Passion Translation, TPT

Now, if anyone is enfolded into Christ, he has become an entirely new person. All that is related to the old order has vanished. Behold, everything is fresh and new.

Sit down with a journal and meditate on these Scriptures ... drink them in ... receive them ... believe them ... apply them to your life. Then write about how the Lord is speaking to you.

Your Spiritual Life & Health Coach ... believing in you!