## Are You Resting In His Hands?

## "Behold in the hollow of My hand, there have I made thee a nest, and thou shalt lay thee down and sleep though the elements rage, though the winds blow and the flood come, thou shalt rest in peace." From Come Away My Beloved by Frances J. Roberts

I love the above writing from Frances J. Roberts. She so beautifully gives us a visual of resting in the palm of God's Hands. Can you take a moment, quiet yourself and visualize what the Lord is saying here? Isn't it a beautiful picture? While storms are raging all around a woman, she is cupped in the Hands of God. The beautiful thing will be is that she is in total peace.

Are there storms raging around you right now?
Have you been abandoned and left to feel worthless?
Are you soon to be going through a divorce and court is making you feel extremely frightened and vulnerable?

Is divorce the last thing you ever thought would happen to you?
Is your ex lying about you, making false statements about things you said or things you have done?
Are you a stay-at-home mom focusing on raising your family, you have no personal income, your ex has stopped paying you support, and your next Court date is far off?

Are you not sleeping as you are worried for your children because your ex is mistreating them?
Is your ex involved in immoral activities and you are concerned for your children?
Are you in Court and nothing is getting accomplished? Your ex continually breaks Court Orders, but the Judge just slaps his hand and reissues the same Order.

Are you spending days in Court, and you see your Attorney's bill increase more and more and you don't even know how you will pay it?

Beloved, if you are going through any of those issues, I do know what you are going through because all the above I personally went through. I can relate to all your feelings and concerns because I've been there. But the beautiful thing is, I've overcome. When we have overcome, we then have the ability to speak into other's lives so they can gain the same victory.

Spiritual Life \& Health Coach
Revive Joy $\&$ Rejuvenate Destiny $\&$ Restore Health

The Bible says we are to not only be conquers, but we are to be more than conquerors. Believe that the Lord will get you through this journey. "Yet even in the midst of all these things, we triumph over them all, for God has made us to be more than conquerors, and His demonstrated love is our glorious victory over everything!" (Romans 8:37 The Passion Translation, TPT)

We are to be more than conquerors. What does that mean? To me it means:

- That I not only conqueror, but I also have peace in the midst of conquering or overcoming.
- I get more than I thought I would get.
- I walk in total peace and confidence.
- I'm not afraid of the next battle because I know I will overcome.


## Kisses from your King!

"Can't you see? I have carved your name on the palms of my hands! Your walls are always my concern." Isaiah 49:16 The Passion Translation, TPT
"Yahweh will always guide you where to go and what to do. He will fill you with refreshment even when you are in a dry, difficult place. He will continually restore strength to you, so you will flourish like a wellwatered garden and like an ever-flowing, trustworthy spring of blessing." Isaiah 58:11 The Passion Translation, TPT

My sister, rest in His Hands. Picture yourself lying down in the comfort and warmth of His being knowing your name is carved in the "palm of His Hand." Visualize Him tenderly kissing you, releasing His breath of life upon you. Welcome it, receive it, believe it!

Now take some time after you've been quiet with the Lord picturing yourself in the Palm of His Hands and write what thoughts, feelings, and desires have come upon you. Journal them and don't forget to date it. It's good to go back and see those times of deliverance and being set free.

## I am a Woman Redeemed who has overcome!

$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

Regina Sanchez

