

# Giving You a Fresh Start After Divorce

## What Are You Doing With God's Promises?

*Zechariah said to the angel, "How can I be sure this will happen? I'm an old man now, and my wife is also well along in years." Then the angel said, "I am Gabriel! I stand in the very presence of God. It was he who sent me to bring you this good news! But now, since you didn't believe what I said you will be silent and unable to speak until the child is born. For my words will certainly be fulfilled at the proper time." (Luke 1:18-20 New Living Translation, NLT)*

You know the story. Zechariah being on in his years, as well as his wife Elizabeth are without a child. In the Hebrew culture back in those times, it was like a curse put upon a woman or family if a husband and wife could not have a child. They felt it was a punishment from God. So now they are on in their later years and Elizabeth's body is incapable of creating life. But God had a different plan. He sends Gabriel to Zechariah with a promise. *"Don't be afraid, Zechariah! God has heard your prayer. Your wife, Elizabeth, will give you a son, and you are to name him John. You will have great joy and gladness, and many will rejoice at his birth, for he will be great in the eyes of the Lord."* (Luke 1:13-14 New Living Translation, NLT)

Standing in front of Zechariah is the Angel Gabriel. When Gabriel first presents himself to Zechariah, his presence is so strong and powerful that Zechariah becomes shaken and overwhelmed with fear. Gabriel had to tell Zechariah to not be afraid. One must ask with that intense level of fear inside of him, how can Zechariah question what Gabriel just told him? Well, I believe his unbelief was so powerful and so strong that it overwhelmed truth. Perhaps all those years of Zechariah praying for a child and the prayers seemed to go unanswered, could have put him in doubt and unbelief.

When God presents His promise to us or speaks to us, He doesn't shout or scream what He wants to communicate. He speaks in a still small voice. Go to 1 Kings 19:9-13 and read how a windstorm came to Elijah but God was not in it. An earthquake came, but not with the Lord. Then, a fire showed up, but still not with the Lord. It was a still, small gentle whisper that came and spoke to Elijah.

Now think about families where abuse is present. Who has the most control? Usually, the one with the loudest voice, but that's not how the Lord operates. He speaks gently, softly, lovingly and firmly. Perhaps the Father wants us to stop having temper tantrums, remove ourselves from the midst of the storm, sit quietly and let Him speak. I don't know ... it's just a thought.

So now Gabriel one of the most powerful angels comes to Zechariah with a promise. But doubt, fear, and unbelief envelopes this man. I have no judgment because I can't say I would do any different. I hope that I would.

But what happens next is interesting. Zechariah is silenced until the baby is born. What does that say about speaking the problem as opposed to the promise? What does that say about speaking unbelief and doubt? God doesn't want unbelief to be heard, spoken, or told! He wants to hear **HIS PROMISE** coming from our mouths. Since Zechariah was full of doubt and fear, He had to close Zechariah's speaking until the baby was born.

Could Zechariah's doubt and fear cause Elizabeth to miscarry? I don't know but I think it's a possibility. I do know that the Father wants us to focus on His promises. He wants us to speak His promises and not our current circumstances.

When I was in the midst of my divorce, I spoke more of what was happening than what the Father had promised me and believe me, what was happening was negative. I gave more power to the negative side of my circumstances than trusting and speaking God's promises. I wish I knew then what I know now. Then perhaps my divorce would not have taken so long and been so difficult. I don't know. It's just a thought.

So how do we find His promises? By going into the Word or the Bible. Now I know you are not going to find in the Bible where it says such and such is going to happen regarding your divorce. But there are truths and promises in the Word of God that the Father wants you to hold onto. Promises like He will never leave you nor forsake you. Or no weapon formed against you will prosper.

There were times I could hold onto His truths but sadly most times I was giving more power to what my ex was doing to try to hurt me. Friends learn from me. **Remember where you put your focus is where you are giving power to.**

### ***Kisses from your King***

*"Trust in the Lord completely, and do not rely on your own opinions. With all your heart rely on him to guide you, and he will lead you in every decision you make." Proverbs 3:5 The Passion Translation, TPT*

What promise or promises has the Lord given you regarding your situation? Are you walking in unbelief, fear, and doubt? If you are, repent and ask the Lord to forgive you, receive His forgiveness, and for Him to be your strength as you choose to believe His promises for you. Don't walk in fear and unbelief. If you continue in fear and doubt, could something be taken away and not released?

If you don't have a promise from the Lord, then get with Him and spend quiet time with Him to hear what He has to say. **He has a promise for you**, you just need to be still to hear it and if you

It's now time to journal.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is a faint blue decorative header at the top left corner. The paper appears to be a standard notebook or worksheet.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are approximately 20 lines visible. At the top of the page, there are faint, light blue decorative clouds or watercolor-like patterns. The overall appearance is that of a clean, unused notebook page or a template for writing.