

Giving You a *Fresh Start* After Trauma!

What Are Your Present Struggles?

Scriptures for Support

"For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever." 2 Corinthians 4:17-18 New Living Translation, NLT

"Think or fix your thoughts on what is true, and honorable, and right, and pure and lovely and admirable. Think about things that are excellent and worthy of praise. Keep putting into practice all you learned and received from me – everything you heard from me and saw me doing. Then the God of peace will be with you." Philippians 4:8-9 New Living Translation, NLT

*"But **without faith** it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him." Hebrews 11:6 New King James Version, NJKV*

"Hope deferred makes the heart sick, but a dream fulfilled is a tree of life." Proverbs 13:12 New Living Translation, NLT

"So now wrap your heart tightly around the hope that lives within us, knowing that God always keeps his promises!" Hebrews 10:23 The Passion Translation, TPT

"I have set the LORD always before me; Because He is at my right hand I shall not be moved. Therefore my heart is glad, and my glory rejoices; My flesh also will rest in hope." Psalm 16:8-9 New King James Version, NKJV

*"And so, Lord, **where do I put my hope? My only hope is in you.**" Psalm 39:7 New Living Translation, NLT*

"O Lord, you alone are my hope. I've trusted you, O Lord, from childhood." Psalm 71:5 New Living Translation, NLT

"It was you who supported me from the day I was born, loving me, helping me through my life's journey. You've made me into a miracle; no wonder I trust you and praise you forever! Many

marvel at my success, but I know it is all because of you, my mighty protector! I'm overflowing with your praise for all you've done, and your splendor thrills me all day long." Psalm 71:6-8 The Passion Translation, TPT

"May all who fear you find in me a cause for joy, for I have put my hope in your word. Psalm 119:74 New Living Translation, NLT

"I am worn out waiting for your rescue, but I have put my hope in your word." Psalm 119:81 New Living Translation, NLT

"You are my refuge and my shield; your word is my source of hope." Psalm 119:114 New Living Translation, NLT). "I rise early, before the sun is up; I cry out for help and put my hope in your words." (Psalm 119:147 New Living Translation, NLT

"But blessed are those who trust in the Lord and have made the Lord their hope and confidence." Jeremiah 17:7 New Living Translation, NLT

"For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope." Jeremiah 29:11 New Living Translation, NLT

"Come back to the place of safety, all you prisoners who still have hope! I promise this very day that I will repay two blessings for each of your troubles." Zechariah 9:12 New Living Translation, NLT

"... Even in times of trouble we have a joyful confidence, knowing that our pressures will develop in us patient endurance. And patient endurance will refine our character, and proven character leads us back to hope. And this hope is not a disappointing fantasy, because we can now experience the endless love of God cascading into our hearts through the Holy Spirit who lives in us." Romans 5:3b-5 The Passion Translation, TPT

***"But hope means that we must trust and wait for what is still unseen.** For why would we need to hope for something we already have? So because our hope is set on what is yet to be seen, we patiently keep on waiting for it's fulfillment." Romans 8:24b-25 The Passion Translation, TPT*

*"Now may God, the inspiration and fountain of hope, fill you to overflowing with uncontainable joy and perfect peace as you trust in him. And may the power of the Holy Spirit continually surround your life with his superabundance until you **radiate with hope!**" Romans 15:13 The Passion Translation, TPT*

"Now faith brings our hopes into reality and becomes the foundation needed to acquire the things we long for. It is all the evidence required to prove what is still unseen." Hebrews 11:1 The Passion Translation, TPT